

*"Thanks for a
great week! We all
LOVED it."*




family
Yoga holiday in Tuscany

Relax as a family in the stunning Italian countryside!
August 4-11, 2012

Top international yoga teacher, Veva Eickelberg, is bringing you another fabulous, holistic holiday for the whole family to enjoy. Seven nights at the gorgeous Villa Tavolese Estate... and the kids just love the pool and gelato!





Seven nights in spacious, air-conditioned apartments at the beautiful Villa Tavolese Estate, ideally located midway between Florence and Siena. Meals, classes and playtime daily!

We have some new things planned for this family vacation. The village of Marcialla is right next door to our villa... within walking distance. And, Friday night is Pizza in the Piazza!

Veva teaches an eclectic style of Hatha Yoga that works for all ages and all abilities, helping you clear your mind and focus your attention inward.

The yoga practice sessions take place out on the grounds under the trees, or on the grand terrace overlooking the valley. The kids will have their own space, at the same times as the adults.

You and your family will be staying in a restored Italian villa. Each air-conditioned apartment has a private bath and kitchenette (where you can have your stash of prosciutto and chocolate).

Meals included: Breakfast daily, five lunches and six dinners, served family-style with vegetarian options, and wine with dinner.

Sample Program Schedule:

- Breakfast 8-9am
- 10-12pm: Adults yoga session & kids yoga/play programs
- Lunch
- Free time after lunch for stroll, lazing by the pool, or siesta
- 4:30-6pm: Adults yoga session & kids yoga/play programs
- Dinner at approx 7:30pm

One day free to enjoy optional excursions: explore on your own in the lovely little town of Marcialla and its surrounding countryside, or enjoy hiking and walking trails located on property grounds and at the nearby Castello and tower. Florence, Siena, San Gimignano, and the Tuscan Seaside are all an easy day trip from the villa.

Here's the best part... an Early Bird Special!

Reserve your family's place with €200 per person by January 15th, 2012 and pay last year's low rate! (€855 per adult, €545 per child*).

As of January 16, 2012, prices will be €945 per adult and €595 per child* (ages 5-12 years old).

**Contact Veva Eickelberg for more information:
U.S. +1-480-215-8989 • email: yogawithveva@gmail.com**

All payments are processed in Euros. Currency conversion rate is based at time of processing. *Limit one child at child rate per adult. Airfare, arrival and departure transfers, travel insurance and other items not listed as included above are additional. Space is very limited, please book early to secure your place.

Offered in conjunction with

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"Our favorite part was the POOL!"